

Programme



Old House Eco Course

A practical guide to making your home energy-efficient without compromising character

9:30 Registration

10:00 **Welcome & Introduction**

[Course Host]

10:10 **Old Houses can be Green:** *an introduction to making your building sustainable*

Roger Hunt – Co-author, *Old House Eco Handbook*

10:55 Questions

11:05 **Insulating Solid Walls:** *the implications of internal and external insulation and material considerations*

Marianne Suhr – Co-author, *Old House Eco Handbook*

11:50 Questions

12:00 Lunch

1:00 **Windows and Doors:** *dealing with energy efficiency*

Roger Hunt

1:35 Questions

1:40 **Insulating Roofs and Floors:** *getting the right solution for your home*

Marianne Suhr

2:40 Questions

2:45 Afternoon refreshments

3:10 **Case Study:** *energy efficiency improvements to a timber-framed house in Oxfordshire*

Marianne Suhr

3:40 Questions

3:50 **Ready for the Future:** *sustainability, maintenance and dealing with climate change*

Roger Hunt

4:20 Questions

4:30 Close

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Course description

Taught by authors of the Old House Eco Handbook, Roger Hunt and Marianne Suhr (also an SPAB Scholar), this one-day beginner / intermediate level course is suitable both for homeowners and for practitioners who wish to advise their clients. The course focuses on domestic properties and does not cover other building types or cavity-wall buildings.

The objectives of the course are to 1) provide the delegates with an introduction to working with traditional buildings and how these perform; 2) to give them advice on how to upgrade the thermal performance and energy efficiency of domestic properties appropriately, and 3) to signpost where to go for further information and advice.

The fee for this course is based on a maximum of 20 delegates. For numbers higher than this, an additional £5 per person will be charged to cover the cost of printing and couriering course materials.

If required, the SPAB can provide at an extra cost copies of The Old House Eco Handbook, written by the course tutors in conjunction with the SPAB. These are priced at £21.00pp plus post and packaging.

About the SPAB

This course is provided by the Society for the Protection of Ancient Buildings (SPAB).

Founded in 1877 by the designer, writer and campaigner William Morris and the architect Philip Webb to oppose the needless destruction or damaging alteration of old buildings, the SPAB is the country's longest-established buildings conservation organisation. A registered charity, it has around 6,500 members who enjoy a lively programme of events, access to a network of regional groups, and a full-colour quarterly magazine. The Society has a branch in Scotland and a section devoted to the repair and protection of historic water- and wind-mills.

Education, skills-sharing and enjoyment of historic buildings has always been at the heart of the SPAB and today it continues to offer training and technical expertise to building owners, users and professionals. It offers a varied annual programme of courses, seminars and hands-on masterclasses in traditional building crafts, and its annual working party is an unrivalled opportunity to learn and develop skills on-site under expert guidance. The SPAB's free technical helpline (weekday mornings on 020 7456 0916) answers thousands of queries every year on all aspects of repairing and caring for old buildings.

The SPAB continues to champion old buildings, campaigning on heritage issues and buildings at risk. It also plays a formal role in the planning system and must be notified of all applications to demolish listed buildings in England and Wales.

Website: <http://www.spab.org.uk/>

Facebook: <https://www.facebook.com/SPABI877/>

Twitter: @SPABI877